

Is gambling a big deal for young people?

- » 14% young people in the Great Britain spend their own money on some form of gambling each week (IPSOS Mori 2018).
- » The financial, social and mental health impacts of gambling are a major area of safeguarding concern for young people.

What can we do about it?

- » GamCare offers **FREE, one-hour interactive awareness workshops** for young people aged 11-19, delivered by our BigDeal Youth Outreach Team.
- » Workshops are ideal for school lessons and youth club sessions.

What do our workshops offer?

- » Young people will gain the awareness, knowledge and skills to make safer choices around gambling.
- » Young people will understand the impact of problem gambling, and recognise the signs of problem gambling in themselves or someone else.
- » Young people know where and how to access help if they need it.

Book your workshop now!

Contact your local Youth Outreach Officer now to arrange your free workshop:

Do you work with young people?

- » Problem gambling is an area of significant safeguarding and mental health concern for young people.
- » GamCare is the leading provider of information, advice and support for anyone affected by problem gambling.
- » We offer **FREE training sessions for professionals** working with young people, delivered by our BigDeal Youth Outreach Team.
- » Learn how to recognise the risk factors, signs and symptoms of a gambling problem.
- » Find out how to talk to young people about problem gambling and advise where to seek help if they need it.
- » Gain the skills to deliver interactive workshops on problem gambling awareness - four session plans included.

Register for **FREE, CPD accredited training** in your area!

Visit www.gamcare.org.uk/register-young-people-training

Need more information?

Get in touch with your local BigDeal Youth Outreach Worker:

In partnership with: